



Amber Stevens Shares Her Valentine's Day Tips for Single Ladies

HOLLYSCOOP EXCLUSIVE

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Amber Stevens from the hit show *Greek* is Hollyscoop's celebrity guest blogger this week. Amber shares her Valentine's Day tips for all the single ladies out there. Enjoy!

I don't know about you, but I like Valentine's Day and I always have. My elementary school always made Valentine's Day special. Every kid in the class was required to bring a valentine for their classmates and we'd put them in these huge decorated envelopes we'd make with our names on them. It was always such a fun day at school so that's most likely why I always enjoy the holiday. Ohh memories!

*In the Valentine's episode of *Greek* which airs on February 22, Ashleigh goes to an Omega Chi party with the new guy she's dating, Pete. Unfortunately it's not the fairy tale night she imagined, but all works out in the end. It's actually pretty hilarious.*

Single Ladies! You can choose to embrace Valentine's Day or feel sorry for yourself. I choose to see it as an excuse to pamper myself. When I think of valentines day I think of 3 things: chocolate, spa day, and chinese food. Call up your best girlfriends to meet you at the spa. Pamper yourself with a great treatment, go back to a friends house, watch a movie, order delivery (i prefer chinese, but to each their own), and eat lots and lots of chocolate!

Sometimes you need to look at the bigger picture. If you were in a relationship, there's a possibility that the day could be chaotic rather than fulfilling. The

expectations go way up when you have someone in your life. Girls tend to forget that being single can be therapeutic. You can remind yourself how important you are. We rarely take the time in our daily lives to appreciate ourselves. We need to pat ourselves on the back for all the hard work we've done. The relationship with ourselves is more important than one with anyone else!

Pick up your lip, and don't trip! (my sister says that, and i think its funny).

Just enjoy this day! It's a good one!